In Oct. 2012, a German group with nurse Hildegard, her husband Horst, a civil engineer, the two German medical students Eva and Jacob and myself, the Doctor Klaus, joined the Madi Health Camp Team of Clinic Nepal.

Before we went to the mobile Health Camp, we were able to do some sightseeing in Bhaktapur, Patan and Nagarkot, where we observed the wonderful sunrise over the Himalayan mountains. Hiking around KTM we saw the Osho Ashram Topaban and the Tibetan monastery Kopan. The Garden of Dreams was a quiet place in busy KTM. We went to Lumbini, the birthplace of Buddha, and visit the big temples and stupas.

Before we started work in Mobile Health Camps, we visited in Daldale the kindergarten and the hostel run by the Supkota family. I was able to check all the children and found them in good health. Apart from some minor diseases there were no seriously sick children. Only the child Ganga of the helpers' family had a severe heart murmur and ascites. He (she?) was sent to Bharatpur Hospital and we hope the best for the child.

Because Dr. Bob Lee had done a great job checking many children in the Madi Health Camp just before our arrival, we had hoped to treat just adult patients. But this was an error: many babies and children were brought to us. It was just the season where children fell ill: 4 breastfed babies with severe pneumonia we had to
send to the hospital. Many children had infections of the respiratory system like tonsillitis, sinusitis, ear infection with open tympanon. Boys had often phimosis and mature girls suffered under vaginal discharge.

The adult patients had the usual problems: pain from degenerative joints and back problems, stomach disorder, cataract, COPD, skin infections, injuries, eye and ear infections. We were very surprised this year to see many of the so-called civilization diseases like overweight, diabetes mellitus, hypertension or mental disorders like depression and anxiety. Even in remote villages we could observe this trend, there people had TV, radio and mobile phone, just like town people. The traditional rules of Nepalese society seem to change.

We were happy to get so much money from our German donors, that Ram was able to organize 2 goat-giving ceremonies for poor families. Tickets were given to 32 happy women and they went home satisfied with their goat. They could hardly believe their luck. Horst, our civil engineer, went to see the water drilling station and due to Hari’s effort Meghauli will be supplied with fresh water soon. The situation in the Meghauli and Madi area seems to improve slowly: there were more paved roads, the bridge over the river is under construction and there is more use of solar energy. Although there is high inflation and many strikes slow the country down we hope the country will continue to develop to its benefit.